

Snowshoe Etiquette

Snowshoeing Tips

- Snow should be at least 6 inches deep to snowshoe (any less and snowshoes could be damaged)
- Check your equipment before you go
- Stay on designated snowshoe trails
- DO NOT go on cross country ski trails
- Be aware of your surroundings
- Feeling lost or overwhelmed? Turn around and go back the way you came in

What to Pack

- Toque, gloves, extra socks, etc.
- Hand and toe warmers
- Fluids and snacks
- Mobile or satellite phone (fully charged)
- First Aid Kit (band-aids, gauze, wipes, etc.)
- Warm clothing (wear layers)
- Map (paper print outs with information)
- Poles (if you have them)
- Goggles or sunglasses

Snowshoe Loan Program

- Snowshoes are available to rent at the Fort St. John Visitor Centre (inside the Pomeroy Sport Centre).
- Snowshoe rentals cost \$7.00 per pair per week.
- A deposit is not required but renters will be subject to fees in the event of loss and damage.
- All participants will be required to sign a waiver prior to loaning the snowshoes.
- Maximum rental period is 14 days.

Trails

- Know before you go - research trails and acquire maps if they are available
- Pack out what you bring in (leave no trace)
- When traveling in a group, walk single-file
- Stay on the trail. Do not go off path or take shortcuts.
- Read trail-head guidelines. There may be specific rules for the trail you are on.
- Be courteous to other trail users
- Follow and obey all signs
- Supervise children at all times

Safety & First Aid

- Go with a buddy or a small group
- Going solo? Tell someone where and when
- Be aware of the weather (look at the forecast)
- Pack a backpack with a basic first aid kit
- Bring plenty of fluids
- Dress warm and wear multiple layers
- Know your physical limitations
- Do not disturb or feed wildlife
- In case of emergency, call 9-1-1

Snowshoeing with Dogs

- Avoid over-feeding your dog before or during a trip
- Pack fresh water for your dog
- Dogs must be on a leash in City and Provincial Parks
- Pick up after your dog (pack out what you pack in)
- Include first aid supplies for your dog
- Know their limitations (don't exhaust your pet)

City of Fort St. John

Snowshoe Information

Rentals, Locations, Safety Tips, Etiquette and more!



Top Locations to Snowshoe in and around Fort St. John

DIFFICULTY LEVELS: Easy = ●, Moderate to Difficult = ■



Mathews Park ●

9024 87 Avenue, Fort St. John

Parking details: Parking lot off of 87 Avenue

Recommended route: Enter the park from the main parking lot, follow the skating loop and explore through the trees or do the entire park perimeter.

- **Washrooms are available at this site**

Kin Park ●

11707 96 Street, Fort St. John

Parking details: Parking lot off of 93 Street

Recommended route: Enter by the playground, follow the outside edges of the park or explore into the trees for a more adventurous experience.

Toboggan Hill ■

9204 93 Avenue, Fort St. John

Parking details: The lower parking lot is on 93 Street (Dog Park & Rotary Skate Park). The upper parking lot is at the end of 96 Avenue off of 86 Street.

Recommended route: Walk adjacent to the paved trail or follow the disc golf course (you could even try disc golf while you're out snowshoeing!)

- **Washrooms are available at this site**



Beaton Provincial Park ■

248 Road, Charlie Lake

Parking details: The upper parking lot is at the top of the hill on the left side of the 248 Road

- Find the trail head to the left of the main sign in the parking lot. Follow the signs for snowshoe trails. **DO NOT** snowshoe on the ski trails. Ski trails are groomed and have ski grooves in them. Snowshoeing must be done on the designated pathways.
- There are loops as short as 2km and as long as 10km. Snowshoe trails are marked in red on the BC Parks Cross Country Ski Trail Map. Visit bcparks.ca to view the trail map.

Beaton Provincial Park is NOT on City property. This Park is overseen and operated by BC Parks. Visit bcparks.ca for more information.

Heading out of Town?

- Contact the local Visitor Centre for more information on where you are going
- Research locations online
- Ask around (social media pages)
- Plan your route in advance (print a map)
- Know your travel time
- Tell someone where you are going

Charlie Lake Provincial Park ■

13408 Park Frontage Road, Charlie Lake

Parking details: Parallel park on the frontage road. **DO NOT** park in front of the gate.

- On foot, enter the park through the gate. You will find the upper trail head to your right. Follow the signs throughout the park.
- Trail access is also available off of Charlie Lake Crescent. Parallel park on Charlie Lake Crescent. **DO NOT** park in front of the gate. Walk past the gate to the parking lot on the left. The lower trail head is at the back of the parking lot. This trail system connects to the campground.
- Distance: Trails can be 1km-5km depending on route. Visit bcparks.ca to view the trail map.

Charlie Lake Provincial Park is NOT on City property. This Park is overseen and operated by BC Parks. Visit bcparks.ca for more information.



Did you know?!

City of Fort St. John Recreation has its own facebook page? Find us on facebook for all things recreation in Fort St. John:

[f/CityFSJRecreation](https://www.facebook.com/CityFSJRecreation)